



March 1, 2023

To the Nashville Community,

After counsel with God and much prayer, I have decided to retire from providing clinical care at Metro Center Healthcare Group effective April 10, 2023. My last day in physically seeing patients will be March 27, 2023. It has been an honor and a pleasure to provide medical care to Nashville and the surrounding communities for more than 35 years. This is a "Medical Ministry" where "God did the work" and "I was merely the vessel" to perform this work.

With this announcement, I would also like to assure you that your medical care will not be uninterrupted. I have recommended that your care be transferred to Dr. Melvin Lightford and his provider support staff, who you may know already. Dr. Lightford looks forward to servicing your ongoing medical needs especially during this transition period.

For this transition to take place smoothly, please call our scheduling line at 629-235-7049 to schedule an appointment. If you have a future appointment after March 27, 2023, we will automatically schedule you with Dr. Lightford. However, be sure to call and inform your insurance company by calling the member's services number on the back of your insurance card with your decision to transition to Dr. Melvin Lightford.

Please note that your medical records are safely retained by Metro Center Healthcare Group as I depart. You can request copies of your records or have them transferred to another physician. Once the medical release form is complete you can fax it to 629-235-7035. You can access our medical release form via our website at Metrocenterhealth.com.

Thank you for allowing me to provide compassionate care to you for all these years. Please continue to pray for me and my family as I enter this "retirement" phase of my life. If you have any questions or concerns, please call/text our Practice Manager Tiffany Lee, at 629-235-7035 or Dr. Melvin Lightford at 629-895-4063.

Sincerely,

A handwritten signature in black ink that reads "Carolyn Lightford, MD". The signature is fluid and cursive, with the first name being the most prominent.

Carolyn Lightford, MD

